MENTORING CIRCULAR

Dear Teachers

Mentoring is a unique method of supporting students to improve their learning and leadership skills, motivating them towards their future career development. With this in mind, the College has a mentorship programme wherein the faculty members are given training on mentor system and they meet the students to listen to their issues and guide them on their overall personality development.

Objectives of Mentoring

- To guide students in feeling more connected to the campus and their educational goals
- To support students to improve their ability to articulate and formulate plans to actively pursue and achieve their academic and career goals
- To help students to develop or refine their study skills and time management abilities
- To make students aware of resources available to them on campus and in the community and encourage them to make use of those resources
- To enhance student leadership skills by arranging by capacity development and skill enhancement activities
- To monitor academic performance
- To provide opportunities for students to build academic, social, and professional networks through seminars, events, co-curricular activities, and industry mentors
- To make sure that students attend remedial coaching if needed
- To arrange sessions on Career Counselling and guide mentees to prepare for competitive exams

Mentors are requested:

• to provide, a reliable and comprehensive support system,

- to motivate students to excel in both academic and non-academic fields and to make the most of their life at the college.
- to keep track of their mentees with reference to academics, attendance, discipline and overall development.
- to systematically record their meetings in the mentor's report.
- to help mentees identify their own goals and offer empowerment and encouragement
- to guide them to achieve their goals, or solve any challenges along the way.

The mentor- mentee list for the academic year 2019-20 has been attached herewith.

| Name of the Teacher | Name of the Student | Class |
|---------------------|-----------------------|--------|
| Mrs.Nimila P.J. | ELIZABATH ANEESHA M A | I DC |
| | NEKHA AMBROSE | I DC |
| | ANANTHAN K U | I DC |
| | ANEENA JOSEPH | I DC |
| | SRADHA N S | I DC |
| | PARVATHY P | I M.Sc |
| | OYGAN J | I M.Sc |
| Sri.K.J.Benny | LAVEENA P RAPHEL | I DC |
| | FARSANA M.S | I DC |
| | HELEENA MARY | I DC |
| | ANDRIYA MARIYA | I DC |
| | ARUNDHATHY B T | I DC |
| | DONA PAUL | I M.Sc |

| | GLADY K T | I M.Sc |
|--------------------------------|---------------------|--------|
| Dr.Vincent Terrence Rebello | ELIZABATH TREESA | I DC |
| | NITHIN JOSEPH SIMON | I DC |
| | SAINA EBRAHIM K E | I DC |
| | SHELJITH SHAJAN | I DC |
| | ARUNIMA SHINE V | I DC |
| | ANJANA SEBASTIAN | I M.Sc |
| | ANJANA G | I M.Sc |
| Dr.Deepthi Augustine | SINTA ROSE TITUS | I DC |
| | MERIN ROSLIN ANTONY | I DC |
| | ANUSREE A S | I DC |
| | MARIA NIYA BENNY | I DC |
| | GAURY RAJAN | I DC |
| | DHANU DHANAPALAN K | I M.Sc |
| | IYDA MATHEW | I M.Sc |
| | JENCY GEORGE | I M.Sc |
| Mrs. Asha Jaiprakash | MARY MARTIN | I DC |
| | FIONA VICTOR | I DC |
| | ANJANA P P | I DC |
| | FATHIMA NAZRIN N N | I DC |
| | AMALA PRAKASH | I DC |
| | SANJANA C S | I M.Sc |
| | MANEESHA T T | I M.Sc |
| | NEETHU N K | I M.Sc |

| Dr.Retina Cleetus | V K SADIQUE | I DC |
|------------------------------|----------------------|--------|
| | AMALA V S | I DC |
| | NITHUNA PRADEEP | I DC |
| | RANSOM SANDRA | I DC |
| | GEORGEENA | I DC |
| | SRILAKSHMI.B.MENON | I M.Sc |
| | TINCY DOMINIC | I M.Sc |
| Smt.Celin Nimisha Vijayan | AFSINA P N | I DC |
| | VIKRAM S | I DC |
| | SNEHA JOSEPH | I DC |
| | VARNA ELIZABETH P.C | I DC |
| | AISWARYA ANILKUMAR | I DC |
| | AMALA K JOSY | I M.Sc |
| | NESTLA HABEEB K H | I M.Sc |
| | KAVYA B BHOOMIDHARAN | I M.Sc |

Signature of the HoD

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