

**ST. ALBERT'S COLLEGE (AUTONOMOUS), ERNAKULAM  
BOARD OF STUDIES IN PHYSICAL EDUCATION – 2020-2021**

<b>SL.No.</b>	<b>NAME</b>	<b>DESIGNATION</b>
<b>1</b>	Dr. Sajeev Jos- Assistant. Professor. & HOD, Department of Physical Education, St. Albert's College, Ernakulam.	Chairman, BOS
<b>2</b>	Dr. Binu George Varghese – Director SPESS M G University, Kottayam	University Nominee
<b>3</b>	Dr. Cicily Pearly Alex – Associate Professor & HOD, St. Xavier's College for women, Aluva	External (Member)
<b>4</b>	Dr. Dino Varghese – Assistant Professor Al Ameen College, Edathala	External (Member)
<b>5</b>	Dr. Thomas K M – Assistant Professor, St. Teresas College, Ernakulam	External (Member)
<b>6</b>	Mr. Gopalakrishnan P. P – Manager and Trainer, International Fitness Systems	Industrial Expert
<b>7</b>	Mr. Varghese Vazhoor – Yogacharia	Industrial Expert
<b>8</b>	Mr. Anty T.J - Assistant. Professor. Department of Physical Education, St. Albert's College, Ernakulam	Internal (Member)
<b>9</b>	Ms. Arsha Sathyan- Assistant Professor & HOD, Department of Fitness Management and Personal Training, St. Albert's College, Ernakulam.	Internal (Member)
<b>10</b>	Mr. Azhar P.S - Assistant. Professor. Department of Fitness Management and Personal Training, St. Albert's College, Ernakulam.	Internal (Member)
<b>11</b>	Dinu Simon - Assistant. Professor. Department of Sports Nutrition and Physiotherapy, St. Albert's College, Ernakulam.	Internal (Member)